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How to fix thinned out hair

Is your fine hair feeling lifeless? We've already discussed the secret reason your thin hair isn't holding curl, but there's another volume-threatening culprit that may have happened a long, long time ago: your haircut. You see, naturally thin hair needs to be snipped and shaped to encourage bouncier, more Gisele-like volume. Without the right technique, no amount of styling, curling, or pulling will give it the fuller look you want. To make things easier, we've put together a little guide on the four best haircuts that magically add volume to thin hair. So when you go in for your next hair appointment, you can present one of these hairstyles for thin hair and say buh-bye to lifeless locks but hello to major volume. Please note: some of the women featured may already have thick hair, but it's their styles that will help thin-haired individuals feign volume. These cuts and stylings guarantee your thin hair looks thick and full—and no one will be the wiser. Trust us: Your hair will thank you. Keep scrolling for the four best haircuts for thin hair. Christopher Polk/AMA2013 / Getty Images for DCP A super-cropped angled lob that slightly grazes the chin will add body and shape to your thin hair. Add a middle part and ombre roots, and you're gold. Keep scrolling for three more angled lobs we love. Getty Images The angle on Jordan Dunn's lob creates the illusion of volume, even on straightened hair. Getty Images If you're a pro with a curling iron, try adding a wave right in the middle of your hair shaft and leaving the ends straight like Lucy Hale's. Getty Images If body and volume are your goals and you prefer your strands long, you can simply ask your hairstylist to add a bit of texture on the ends. Think light, slightly feathered layers that don't weigh your strands down. Cameron Diaz has perfected windblown waves, thanks to the subtly tapered ends of her cut. Blunt, all-one-length ends only highlights the thinness of your hair. Keep scrolling for two more midlength cuts that add volume to short hair. Dan MacMedan / Getty Images Rihanna's curly layers add beautiful volume to her locks and make for easy styling that always looks effortlessly polished. Jason Merritt / Getty Images Zoe Saldana can do no wrong, and this softly tousled cut is so, so right. Getty Images The other great thing about this cut? It looks amazing with barely any styling at all, as Keira Knightley proves. Getty Images Zendaya's waved bob is super classic and flattering. The side part makes it extra voluminous. Startraks What's better than a bob? A ruffled bob, obviously. Light layers and feathered ends, as well as a slight asymmetrical angle, make this short cut an easy one to tousle and volumize. Thanks for the inspo, Sienna Miller. Keep scrolling for three more awesome ruffled bobs. Getty Images Curling the ends in and scrunching at the roots will leave you with a chic, super-modern look à la Kerry Washington. Getty Images Julianne Hough rocks her choppy bob with textured ends (may we suggest a matte finish styling paste?) and a slight side part. Frank Trapper / Getty Images And finally, the Swag. The trendy haircut we pride ourselves on coining is perfect for those looking to add balance to their forehead area. Bangs add volume and shape at your crown while the shaggy layers can easily be manipulated into curls or beachy waves. Keep scrolling for two more inspiring celebrity swags. Startraks Resident cool girl Alexa Chung practically invented the Swag and is now forever the queen of the bangs-and-layers combo. Getty Images For a softer, more romantic look, curl only the ends of your Swag haircut, like Suki Waterhouse does. Looking for additional inspiration? We've got six more lifesaving cuts for people with thin hair. This story was originally published at an earlier date and has since been updated. Women with thin hair can find themselves in an endless struggle to find a flattering hair cut. To make your search easier, we've compiled the best hair styles for thin hair so you can feel like a bombshell, too. It turns out the right cut, short or long, can help you achieve your dream volume, and your thin strands can appear far thicker. Maybe your options aren't so limited. 1. Asymmetrical bob Actress Rosamund Pike rocks this look. | Jason Merritt/Getty Images A straight-edge bob falls flat and can age you. As an alternative, try an asymmetrical bob. Having a cut that is longer on one side adds dimension to your hair and can sharpen your facial features. You can also part your asymmetrical bob to one side, which helps boost volume. 2. Loosely slicked back Journalist Megyn Kelly works this style well. | Andrew Toth/Getty Images Short hair styles can be so frustrating when they fall flat and refuse to cooperate. If you're tired of this problem, loosely slicking it back is a perfect hair style for you. Simply use your fingers to comb your hair back, and if your hair is short enough, secure it with bobby pins, then finish with hair spray. If you have long hair, you can use a hair tie to pull it back, then slightly rough it up in the front before misting with hair spray. 3. Wavy lob Actress Emma Stone shows off this great look. | Frederick M. Brown/Getty Images The wavy lob (i.e., long bob) has become the hottest hairstyle obsession for women of all hair types, but it's especially popular for those with thinner hair because it's short enough to never fall flat, and the wavy texture gives the illusion of thickness. For added dimension, have your stylist dry your hair in sections. 4. Deep side part Miranda Lambert sports a deep side part. | Jason Merritt/Getty Images If there's one hair style you need to avoid at all costs, it's a dead-center part. When you have thin hair, this look will make your hair appear completely flat. Instead, experiment with which side you prefer to part your hair on, then form a part three inches away from the center. It may feel like you've created a combover a first, but once your hair settles, having a deep side part will make your fine hair look far more voluminous. 5. Uneven bangs Alexa Chung looks great with these bangs. | Pascal Le Segretain/Getty Images Women with thick hair can get away with having full, wide-set front bangs (think Zoey Deschanel). While this look isn't the best for thin hair, bangs are still an option. Instead of getting heavy bangs with a blunt edge, test out choppy front bangs. Having uneven strands gives you the freedom to part the bangs to the side or separate them in the middle. French women have loved this popular hairstyle for decades. 6. Pixie cut Emma Watson shows off the perfect pixie. | Stuart Wilson/Getty Images One of the best short hair styles for fine hair is actually having very little hair altogether. Having thin hair will actually work to your advantage with a pixie cut, as it proves extremely low-maintenance. Rather than spending ages trying to style your thin hair, wouldn't it be fabulous to just wake up and go with a perfect pixie? 7. Angled bob Actress Emma Roberts rocks this beautiful bob. | Michael Buckner/Getty Images There are so many great ways to play up a standard bob, the best of which is the angled cut. This style works wonders for fine hair, as it adds an element of chicness and sophistication to an otherwise plain 'do. This short hairstyle not only provides added volume in the back, it's also so easy to style. Simply use a volumizing shampoo and conditioner when you shower, then blow dry, straighten, or towel-dry for incredible results. 8. Braided crown Actress Kate Bosworth looks regal with this style. | Pascal Le Segretain/Getty Images People with thin hair will find a braid falling down their back or shoulder looks pretty meager and only exaggerates how fine their hair actually is. A great alternative is the braided crown. By pulling your hair up and using a headband, you can create the illusion of having more hair than you do. You'll also draw away attention from how much remains in the back. 9. Wrapped ponytail Beyoncé always looks great with a super chic ponytail. | Christopher Polk/Getty Images It often feels like there are limited decent hairstyles for fine hair, but fear not! We know of one that works wonders. Simply pull your hair up into a messy ponytail (you can choose how high or low it falls). Then, find an imitation hair tie that matches your hair color and use it to fasten your ponytail. The appearance of wrapped hair will make it look like you have even more beyond your ponytail. 10. Wispy front layers Elle Fanning looks great with these layers. | Tiziana Fabi/Getty Images For thin-haired gals who are fans of medium-length cuts, one of our favorite looks is one that incorporates wispy front layers. Ask your hair stylist to cut your hair between your collarbone and bust, then add wispy front layers that start from the bottom of your chin down to your ends. These front layers nicely frame your face, add texture, and can be styled for greater volume. Just keep in mind that the back of your hair should be cut in a straight line, as thin back layers tend to get scraggly. Great hair care starts with your shampoo. It not only cleans your hair, but it can help solve problems, like dandruff and thinning hair, and it can help maintain your color and style. Using shampoo is easy, but finding the one you love that suits your own unique needs is difficult. That's why we've compiled a list of the best, from the one that won't break the bank to the one that can help moisturize dry strands. Recommended by stylists and consumers alike Olaplex No.4 Bond Maintenance Shampoo is a wonderful choice for all hair types, even severely damaged hair. Its ingredients work to strengthen locks and hydrate at once so that your hair is more manageable and frizz-free. It also helps reduce future damage and breakage. Many users report that their hair is softer and shinier after just a few uses. If you don't have the budget for Olaplex, consider Garnier Fructis Pure Clean Shampoo. For just a few dollars, you'll experience a deep clean that is safe and paraben- and silicone-free. Ingredients like vitamin E and aloe repair and moisturize, and you're left with hair that looks and feels stronger. Many users report that it reduces the buildup of hair products and natural oils as well. Anyone who suffers from dandruff knows that it's not only annoying, but it can be embarrassing too. Luckily, Nizoral A-D Anti-Dandruff Shampoo is clinically proven to reduce dandruff and soothe an itchy scalp. It does so by binding to your hair's natural proteins. Many users report that they were mostly dandruff-free after just a few uses. It can also help with severe dry scalp. If you dye your hair, you know that a shampoo designed for color-treated hair is the best way to preserve that color, and Biolage Colorlast Shampoo For Color-Treated Hair is a user favorite. The shampoo has a low pH level that helps clean while it prevents color fading, and it leaves hair soft and manageable. As a bonus, many users report that it smells delightful. Those who use styling products know that they can build up in your hair and not always wash out when you don't use the right shampoo. That's why Neutrogena Anti-Residue Shampoo removes up to 90 percent of that buildup without irritating your scalp. Think of it as a reset that turns lifeless hair into shiny, clean, and voluminous locks with no artificial colors or scents. If you have severe dandruff or problems like dermatitis and psoriasis, a plain dandruff shampoo may only scratch the surface of the problem. But a therapeutic shampoo like Neutrogena T/Gel Extra Strength Therapeutic Shampoo can get to the root — literally. This product promises to help control flaking, itching, and redness associated with these conditions, and both users and dermatologists agree that it works. Both males and females suffer from hair loss, but a shampoo like Biotin Shampoo for Hair Growth and Volume can help. It promises to thicken and strengthen strands, stimulate hair follicles, and add volume to any hair. Even the most skeptical users report that they saw an increase in thickness and volume with regular use. It's also more affordable compared to similar shampoos. Many people are making the switch from traditional shampoo to shampoo bars. If you're one of them, Ethique Eco-Friendly Solid Shampoo Bar is a great place to start. First, this shampoo bar is vegan, sustainable, and compostable, so it's good for the environment. It's also great for your hair. Ingredients like coconut oil and oatmeal are ideal for people with dry scalps and even dandruff. If you suffer from dry hair that needs a moisture boost, you can't go wrong with MoroccanOil Moisture Repair Shampoo. Not only does it add moisture, but it also repairs hair that has been damaged by products, heat, and color treatments. Users report that it smells good, leaves hair soft and manageable and doesn't cause the color to fade or wash out. If you're on the other end of the spectrum and suffer from oily hair, consider Maple Holistics Degrease Moisture Control Shampoo. Ingredients like lemon oil help remove grease and product build-up, and it can even help alleviate certain types of dandruff. It's safe for color-treated hair, and some users report that it reduced the number of times they have to wash their hair throughout the week. Many guys want to grow their hair long to make up for its lack of fullness. This ends up temporarily hiding something that's eventually going to show itself, with increased thinning—or with a strong breeze. If you're thinning all over, a shorter cut will actually draw less attention to your fine hair as opposed to growing it out. It will also create the illusion of fullness. Use a low- or no-shine hair paste for styling. As a rule, guys who are balding should avoid gels or products with a shine to them—anything that will make their fine hair stick together, exposing bald areas even more. Work a dime-sized dab into your hands, and apply to your hair moving your fingertips and eventually your palms back and forth quickly starting from the back moving downward. This evenly distributes the product and ensures you won't have too much paste stuck in your thinner strands up front. If you're just thinning up front, consider sweeping your hair to one side instead of just forward. This will also provide cover and make your hair look fuller.Hope this helps!—The Men's Health Style TeamFollow us @MensHealthStyle for more answers to your grooming questions.More Ask MH:Should I Cuff Plain-Front Suit Pants?Can You Mix a Pinstripe Jacket with Plain Suit Pants?What Else Pairs With Navy Blazers Besides Khakis? This content is created and maintained by a third party, and imported onto this page to help users provide their email addresses. You may be able to find more information about this and similar content at piano.io

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